I am vegan.

> **Please prepare my food without animal-derived ingredients.**

- Please do not use meat, poultry, fish, seafood, insects, eggs, dairy (including butter and ghee), or honey.
- Please check stocks, fish sauce, oyster sauce and shrimp paste, including when they are ingredients in sauces or seasonings.
  Do not use any of these if they contain animal-derived ingredients.
  Please do not use gelatin or animal fats, such as lard, including in sauces or seasonings.

If you are unsure about an ingredient or cannot accommodate this, please tell me.
Thank you.